

Name: Erika Katrin Meyer | DOB: 3/29/1968 | MRN: 20002029698 | PCP: Thomas P. Warrington, MD

Visit notes

Progress Notes by Shaun Michael Burns at 03/17/21 1330

Behavioral Health Follow-Up Visit (Zoom Virtual Appointment)

Visit # 3

Visit Length/Total face to face time w/pt: 30 minutes

Informed Consent: Informed consent completed at initial visit.

Chief Complaint

Patient presents with

- BHI Follow Up

Subjective:

Pt was referred to behavioral health by Thomas P. Warrington, MD to address

1. Delusional disorder (HCC)

"There is a hereditary element to my situation."

Patient strengths: Pt is thoughtful and determined.

Objective:

Mental Status Exam:

Thought process/Concentration: delusions

Speech: WNL

Appearance: alert, cooperative, upset, appears stated age and well-nourished

Mood/Affect: normal; mood-congruent

Harm to self/others: Denies.

Judgment/Insight: delusions

1. Delusional disorder (HCC)

Assessment:

Erika Katrin Meyer is a 52 y.o., Caucasian female referred to behavioral health integration to address adjustment a suspected Delusional Disorder. Pt reported ongoing distrust of authorities, and the present writer, in dismissing her experiences and the broader implications of her experiences for the welfare of herself and other members of society and her family. **Interventions** performed include supportive psychotherapy and active listening. Pt responded well and expressed understanding.

Plan:

Pt set the following goals: continue to discuss experience of trauma-based mind control and medical implantation.

Pt would benefit from ongoing behavioral health interventions to address presenting concerns. In addition, pt should continue to work with her PCP to address the presenting concerns.

Future Appointments

Date	Time	Provider	Department	Center
3/26/2021	2:30 PM	Shaun Michael Burns, PhD	CASBH	OR PORTLAND
6/1/2021	10:40 AM	Thomas Patrick Warrington, MD	CASCADEFM	OR PORTLAND

Recommendations to PCP/Care Team: Pt is likely to benefit from continued utilization of behavioral health services.

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