

Name: Erika Katrin Meyer | DOB: 3/29/1968 | MRN: 20002029698 | PCP: Thomas P. Warrington, MD

Visit notes

Progress Notes by Shaun Michael Burns at 03/26/21 1430

Behavioral Health Follow-Up Visit (Zoom Virtual Appointment)

Visit # 4

Visit Length/Total face to face time w/pt: 30 minutes

Informed Consent: Informed consent completed at initial visit.

Chief Complaint

Patient presents with

- BHI Follow Up

Subjective:

Pt was referred to behavioral health by Thomas P. Warrington, MD to address

1. Delusional disorder (HCC)

"This is not just an intellectual exercise for me. It is a matter of life and death."

Patient strengths: Pt is pleasant and dedicated to self-understanding.

Objective:

Mental Status Exam:

Thought process/Concentration: delusions

Speech: WNL

Appearance: alert, cooperative, anxious, upset, appears stated age and well-nourished

Mood/Affect: anxious; mood-congruent

Harm to self/others: Denies.

Judgment/Insight: delusions

1. Delusional disorder (HCC)

Assessment:

Erika Katrin Meyer is a 52 y.o., Caucasian female referred to behavioral health integration to address a suspected delusional disorder. Pt reported ongoing concern about her safety and physical health and the role of large industries and organizations in undermining her health and threatening her life. **Interventions** performed include providing support, active listening, and supportive psychotherapy. Pt responded well and expressed understanding.

Plan:

Pt set the following goals: understand origin of perceived persecution.

Pt would benefit from ongoing behavioral health interventions to address presenting concerns. In addition, pt should continue to work with her PCP to address the presenting concerns.

Future Appointments

Date	Time	Provider	Department	Center
4/2/2021	11:30 AM	Shaun Michael Burns, PhD	CASBH	OR PORTLAND
6/1/2021	10:40 AM	Thomas Patrick Warrington, MD	CASCADEFM	OR PORTLAND

Recommendations to PCP/Care Team: Pt is likely to benefit from continued utilization of behavioral health services.

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