

Name: Erika Katrin Meyer | DOB: 3/29/1968 | MRN: 20002029698 | PCP: Thomas P. Warrington, MD

## Visit notes

Progress Notes by Shaun Michael Burns at 04/02/21 1130

**Behavioral Health Follow-Up Visit** (Zoom Virtual Visit)

**Visit # 5**

**Visit Length/Total face to face time w/pt:** 30 minutes

**Informed Consent:** Informed consent completed at initial visit.

### Chief Complaint

Patient presents with

- BHI Follow Up

### Subjective:

Pt was referred to behavioral health by Thomas P. Warrington, MD to address

#### 1. Delusional disorder (HCC)

"There is also an assassination plot in the background but I don't want to get into that."

*Patient strengths:* Pt is pleasant and thoughtful.

### Objective:

#### Mental Status Exam:

Thought process/Concentration: delusions

Speech: WNL

Appearance: alert, cooperative, upset, appears stated age and well-nourished

Mood/Affect: decreased range; mood-congruent

Harm to self/others: Denies.

Judgment/Insight: delusions

#### 1. Delusional disorder (HCC)

### Assessment:

Erika Katrin Meyer is a 53 y.o., Caucasian female referred to behavioral health integration to address a suspected delusional disorder. Pt reported ongoing concerns related to her welfare and efforts to undermine her health given what she views as a coordinated effort by various federal and local agencies and private and public industries to undermine her health, prevent her from obtaining redress for wrongs she reports suffering, and, ultimately, to avoid detection. **Interventions** performed include providing support, active listening, and supportive psychotherapy. Pt responded well and expressed understanding.

### Plan:

Pt set the following goals: continue to discuss beliefs systems and evidence believed to be supportive of these systems.

Pt would benefit from ongoing behavioral health interventions to address presenting concerns. In addition, pt should continue to work with her PCP to address the presenting concerns.

### Future Appointments

| Date     | Time     | Provider                      | Department | Center      |
|----------|----------|-------------------------------|------------|-------------|
| 4/6/2021 | 9:30 AM  | Shaun Michael Burns, PhD      | CASBH      | OR PORTLAND |
| 6/1/2021 | 10:40 AM | Thomas Patrick Warrington, MD | CASCADEFM  | OR PORTLAND |

**Recommendations to PCP/Care Team:** Pt is likely to benefit from continued utilization of behavioral health services.

MyChart® licensed from Epic Systems Corporation © 1999 - 2020