

## Visit notes

Progress Notes by Shaun Michael Burns at 04/06/21 0930

**Behavioral Health Follow-Up Visit** (Zoom Virtual Appointment)

**Visit # 6**

**Visit Length/Total face to face time w/pt:** 30 minutes

**Informed Consent:** Informed consent completed at initial visit.

### Chief Complaint

Patient presents with

- BHI Follow Up

### Subjective:

Pt was referred to behavioral health by Thomas P. Warrington, MD to address

#### 1. Delusional disorder (HCC)

"I watched my dog die an absolutely terrible death due to implants."

*Patient strengths:* Pt is pleasant and articulate.

### Objective:

#### Mental Status Exam:

Thought process/Concentration: delusions

Speech: WNL

Appearance: alert, cooperative, upset, appears stated age and well-nourished

Mood/Affect: decreased range; mood-congruent

Harm to self/others: Denies.

Judgment/Insight: delusions

#### 1. Delusional disorder (HCC)

### Assessment:

Erika Katrin Meyer is a 53 y.o., Caucasian female referred to behavioral health integration to address a suspected delusional disorder. This session the patient spoke again of her concerns about her welfare and safety as she contends she is subject to a massive conspiracy attempting to undermine her health and that of others close to her. The patient spoke of Nazi involvement, abduction, frequency-based mind control devices, and what she believes are efforts to enslave her. **Interventions** performed include providing support, active listening, and supportive psychotherapy. Pt responded well and expressed understanding.

### Plan:

Pt set the following goals: debunk assertion that she lives with a delusional disorder.

Pt would benefit from ongoing behavioral health interventions to address presenting concerns. In addition, pt should continue to work with her PCP to address the presenting concerns.

### Future Appointments

Date	Time	Provider	Department	Center
6/1/2021	10:40 AM	Thomas Patrick Warrington, MD	CASCADEFM	OR PORTLAND

**Recommendations to PCP/Care Team:** Pt will contact the writer as needed for continued behavioral health services.

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